



North

Yorkshire County Council

# IMPROVING THE HEALTH AND WELLBEING OF YOUNG CHILDREN

# Strategic Aim for Children

To provide care and education that gives children the best start in life to ensure:

- A healthy weight and active lives
- Support for maternal health and new parents
- A focus on the most vulnerable

# Presenters

- Jo Johnson- Children's Services Manager (North Yorks. and York NHS and CMHS)
- Amanda Crow- Children's Centre Manager and Acting Integrated Services Manager
- Debbie Bell – General Adviser Primary, Early Years
- Lynn Turner- Specialist Senior Educational Psychologist ( Early Years)

**WHAT ARE WE DOING  
TOGETHER AS A  
PARTNERSHIP?**

Working with Children's Centres in an integrated manner to meet needs of vulnerable children and families, including targeting of resources to the most vulnerable groups e.g. disabled children their families.

# Children's Centre Core Offer

- 30% areas
  - Integrated childcare and early education
  - Health services and family support
  - Specialist support for children with additional needs
  - Outreach workers
  - Activity to help parents into work
- 70% areas
  - Information for parents about childcare and children's services
  - Outreach to ensure families in need get appropriate support, particular focus on disadvantaged families
  - Often located on primary school sites
  - Drop in sessions
  - Levels of service will depend on the needs of the local community

# Partnership in Action Harrogate

- Children's Centre practitioners co-work health drop-ins at each Centre each week
- Midwives offer ante and post natal support at Bilton and Harrogate town weekly
- Speech and language drop-in once per month
- 'Minos' support group for mothers with post natal depression at Harrogate Town and North weekly

# Partnership in Action Harrogate

- Health visiting team looking to move from the health clinic to Harrogate North, joint office
- Monthly joint health and Children's Centre team meeting
- Planned new birth visits to all families-joint visits
- Incidental advice available for parents and staff
- Referral processes in place to support the most vulnerable
- Individual support for children with complex needs



- Work with refuges to address need
- Action planning in area liaison meetings which involves multi agency working and joint ownership of issues
- Working together in teenage pregnancy strategy meetings to action how we address this area, for example, Whitby Social Marketing Project
- Rolling out of the Baby Friendly Initiative
- Development of the Infant Feeding Strategy.

# **Finding solutions with parents/ carers**

- Integrated working: Children's Centre and Health practitioners supporting families through Common Assessments, ensuring children receive the support needed
- Solution focused approach that is inclusive and helps the family to address and work out ways to move forward

- Work with Healthy schools to develop integrated solutions to working together
- School nurses working with schools around developing obesity prevention strategies. (Healthy Weight, Active Lives Action Plan)

# Healthy schools and Private, Voluntary and Independent settings

- 78% of primary schools have already achieved the Healthy Schools Award
- Advice and funding available for PVI settings to develop challenging outdoor learning environments
- £10K for schools with nursery classes to develop outdoor access and provision

# Healthy schools and PVI settings

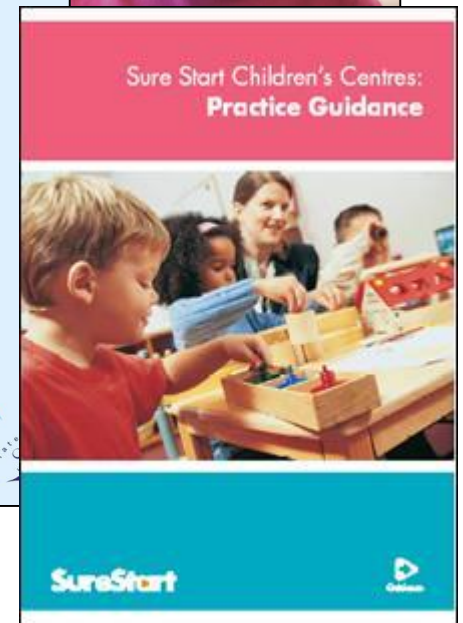
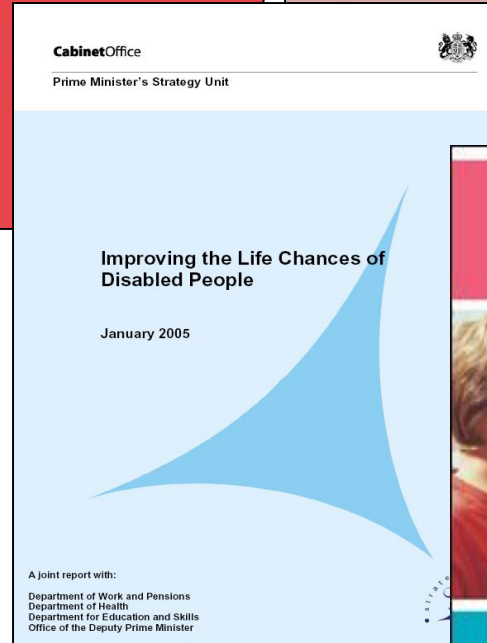
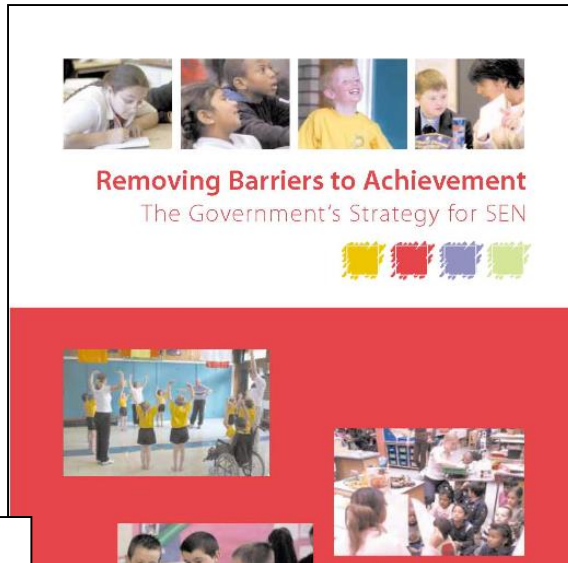
- Training and advice for schools and settings on provision of healthy and nutritious foods
- Roll out of Social and Emotional Aspects of Development programme to all Early Years Foundation Stage settings
- Comprehensive programme of professional development for all EYFS practitioners

# Children With Complex Needs

- Of children with complex needs and technology dependent, increase the number being discharged into the community
- Health working with other agencies to improve co-ordination of personalised packages of care

# Early Support

- Early Support is the identified central government mechanism to achieve better coordinated, multi-agency assessment and service provision for disabled children 0-5 and their families
- It facilitates the achievement of objectives identified by all current policy initiatives for this population and suggests ways of working which may have wider application



Every child matters



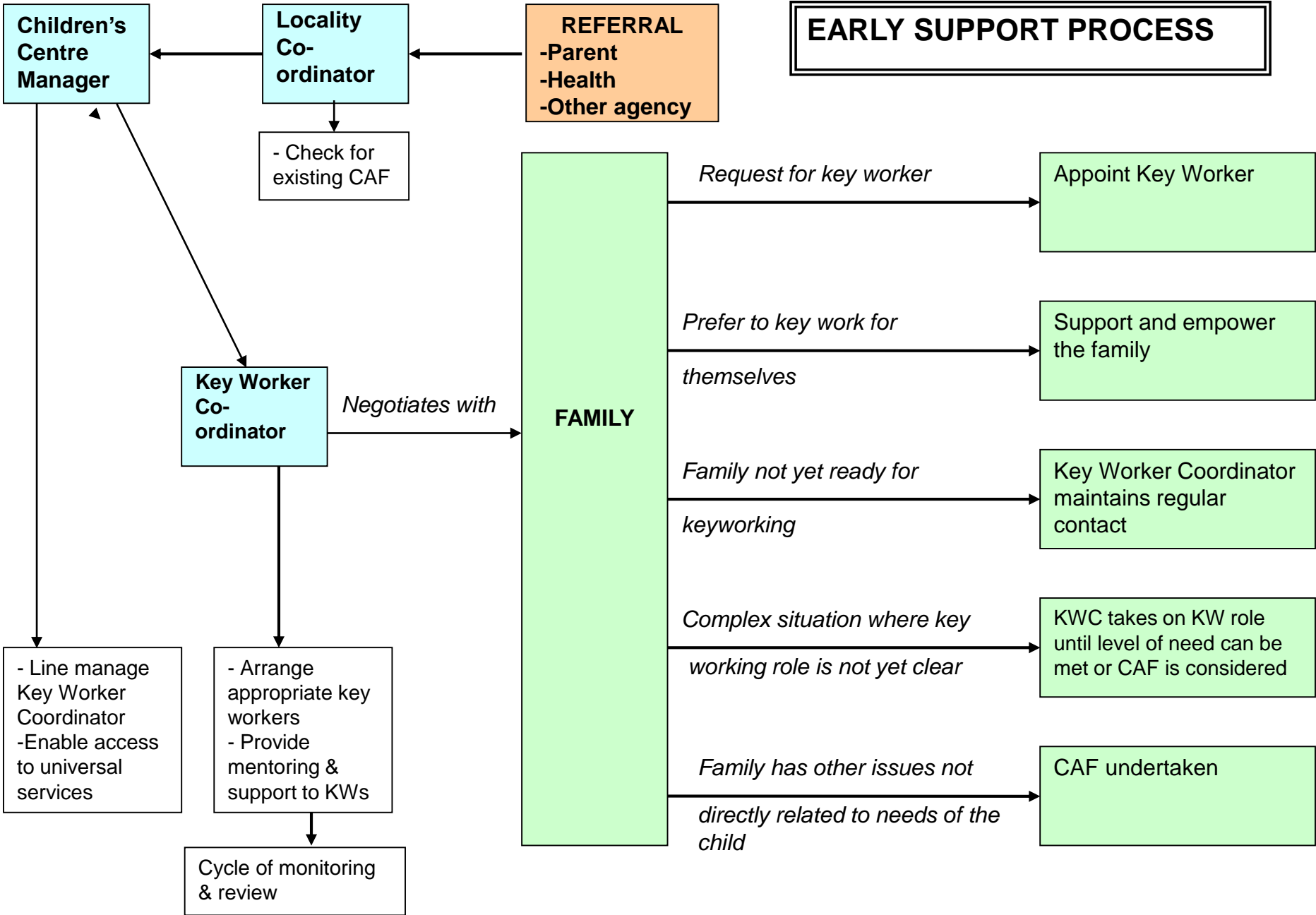
# Current NYCC Referral Criteria

All children to be referred for an Early Support Key Worker must fulfil all of the following criteria:

- Age: Birth to five
- Child has complex and/or multiple health, social or educational needs
- Child must receive, be eligible to receive, or be about to receive specialist care from 3 or more services (from any agency)

***It is an approach that puts the child and family at the centre***

# EARLY SUPPORT PROCESS



# **Recommendations from Child Health Strategy (2009) and Children and Young People's Plan**

- Take account of the views of children and young people and their parents/carers
- Strong local partnerships with joint Leadership Between PCTs and LAs
- Effective needs assessments engaging young people and families.

# Recommendations (continued)

- Clear, transparent local plans jointly owned CYPP and LAs
- More integrated approaches to accessing information and advice, assessment, service provision, policies and procedures
- Collectively meeting the challenge to reach the most vulnerable children, families and localities

***ANY QUESTIONS?***